



Expanding Mental Health Resources in Provincetown: Five Year Plan

Provincetown Health Department
January 2021

Agenda

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Description of Programs

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5 Year Plan by Program

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5 Year Plan by Year

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FY22 Additional Budget Request

Note

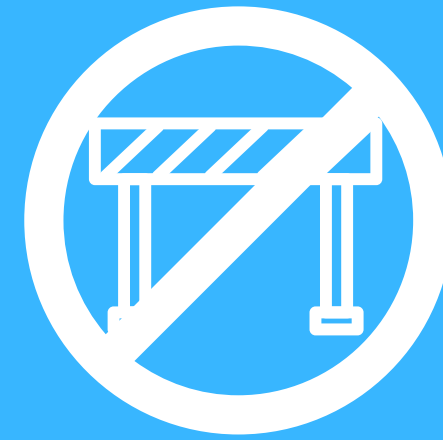
MH/SUD

=

**MENTAL HEALTH /
SUBSTANCE USE DISORDER**



Mental Health
Groups/Group
Therapy



Barrier
Elimination
Funds



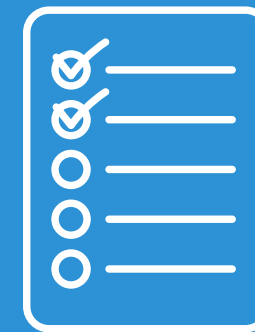
Youth Activity
Grants



Resource
Website



Mental
Health
Clinicians



Integration
Plan

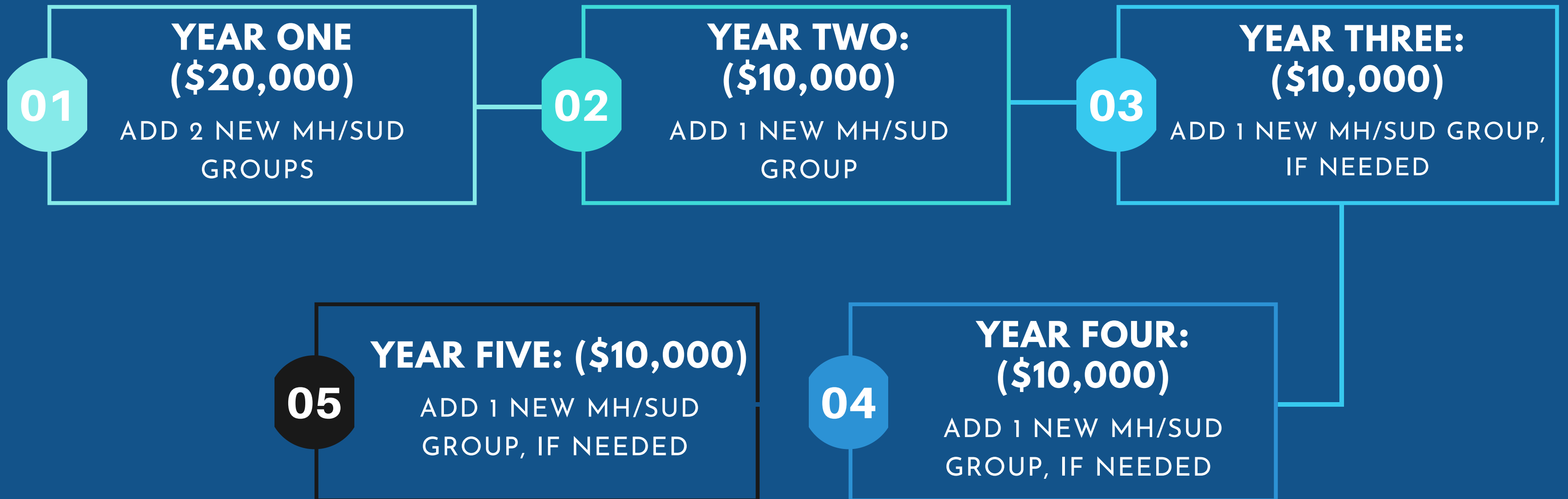


Incentivizing
Grants

Five Year Plan by Program

MENTAL HEALTH GROUPS/GROUP THERAPY

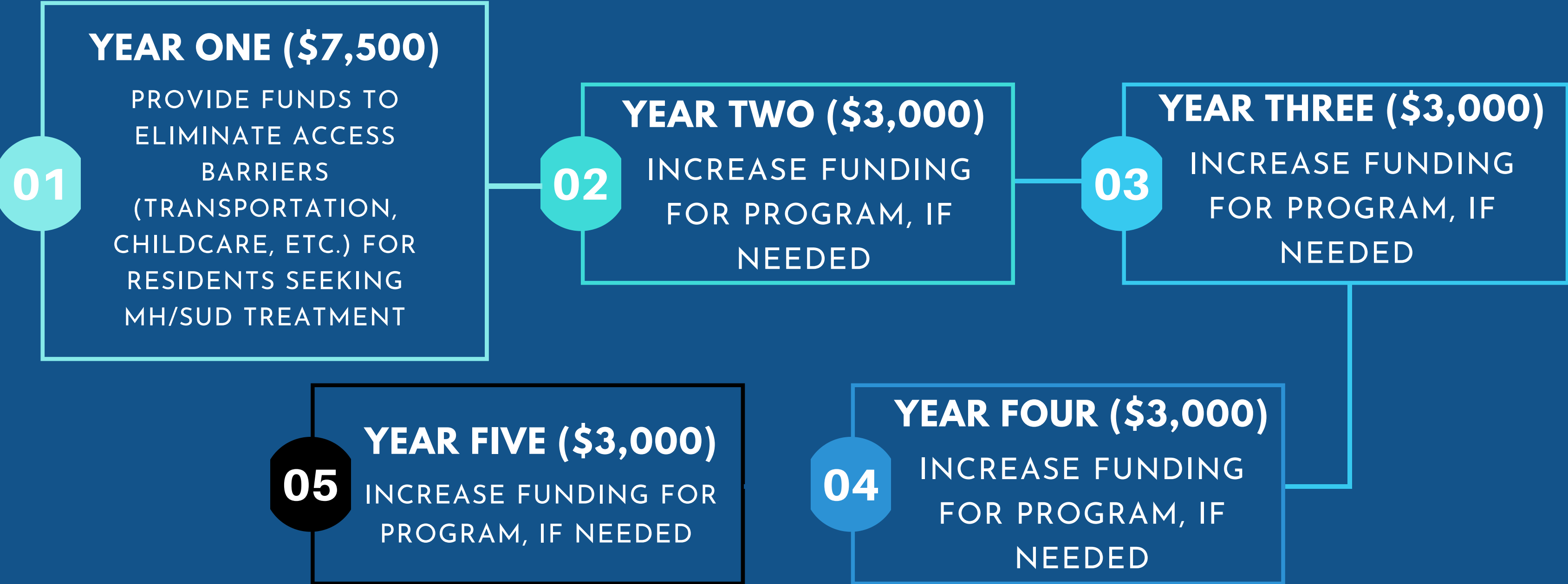
Maximum Per Year Cost: Up to \$60,000



Five Year Plan by Program

BARRIER ELIMINATION FUNDS

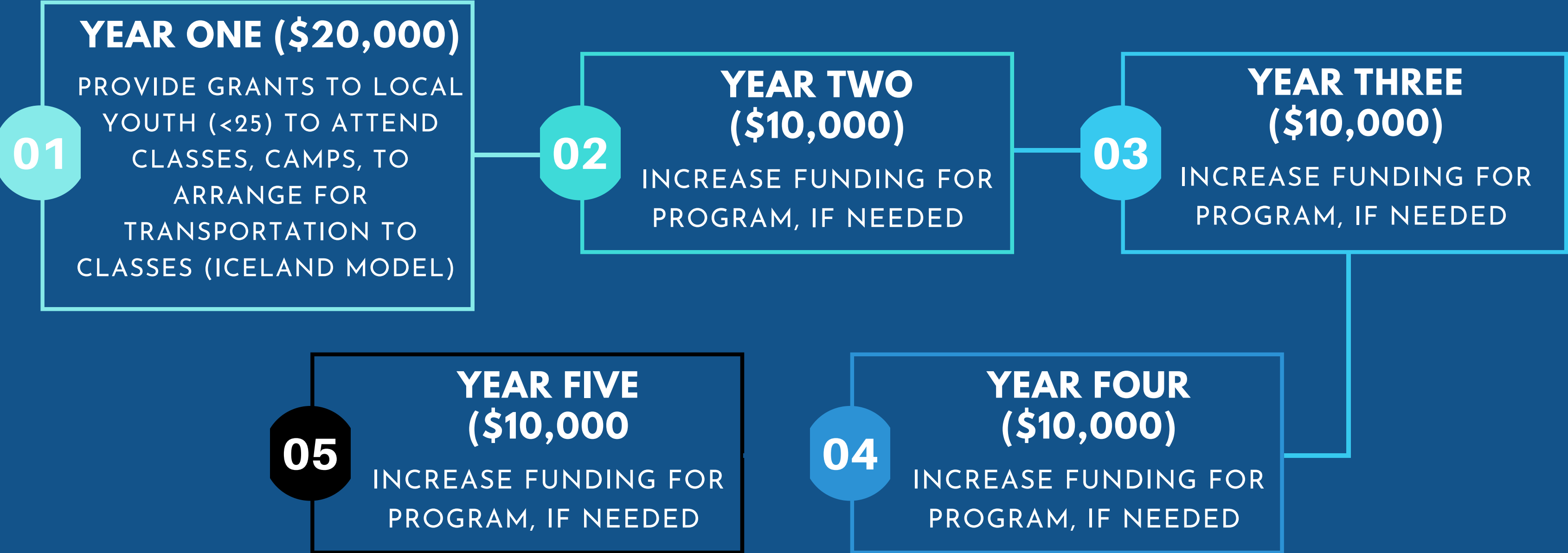
Maximum Per Year Cost: Up to \$19,500



Five Year Plan by Program

YOUTH ACTIVITY GRANTS

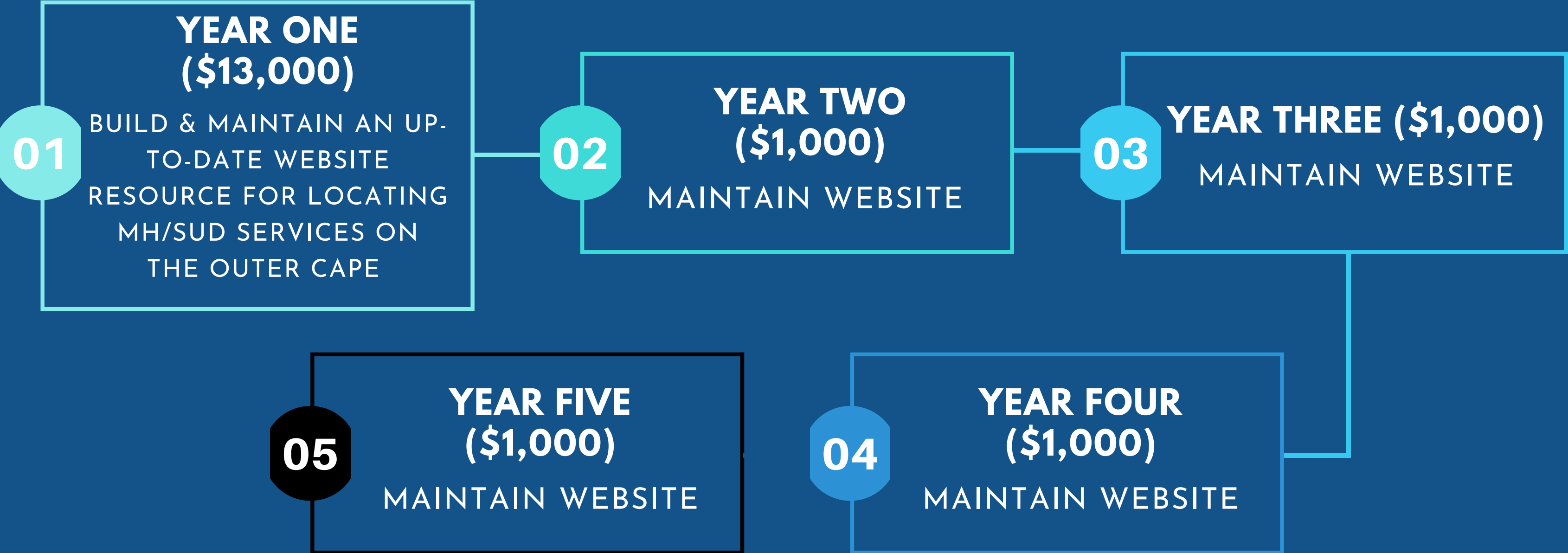
Maximum Per Year Cost: Up to \$60,000



Five Year Plan by Program

RESOURCE WEBSITE

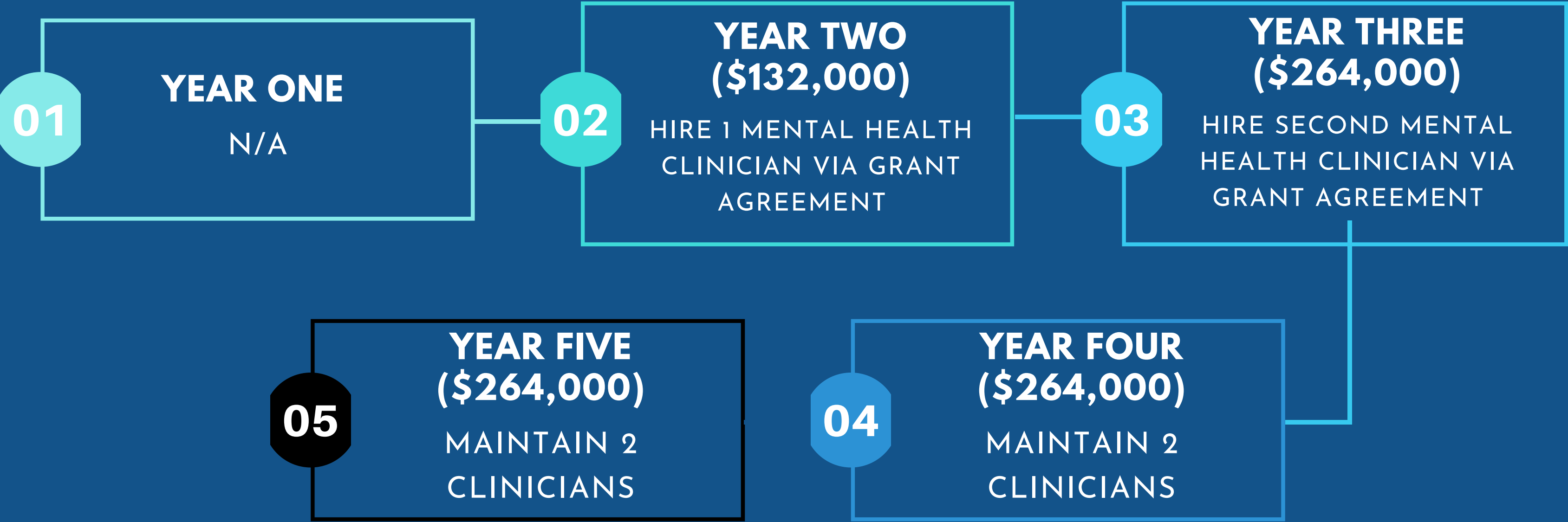
Maximum Per Year Cost: \$13,000 (one-time)



Five Year Plan by Program

MENTAL HEALTH CLINICIANS

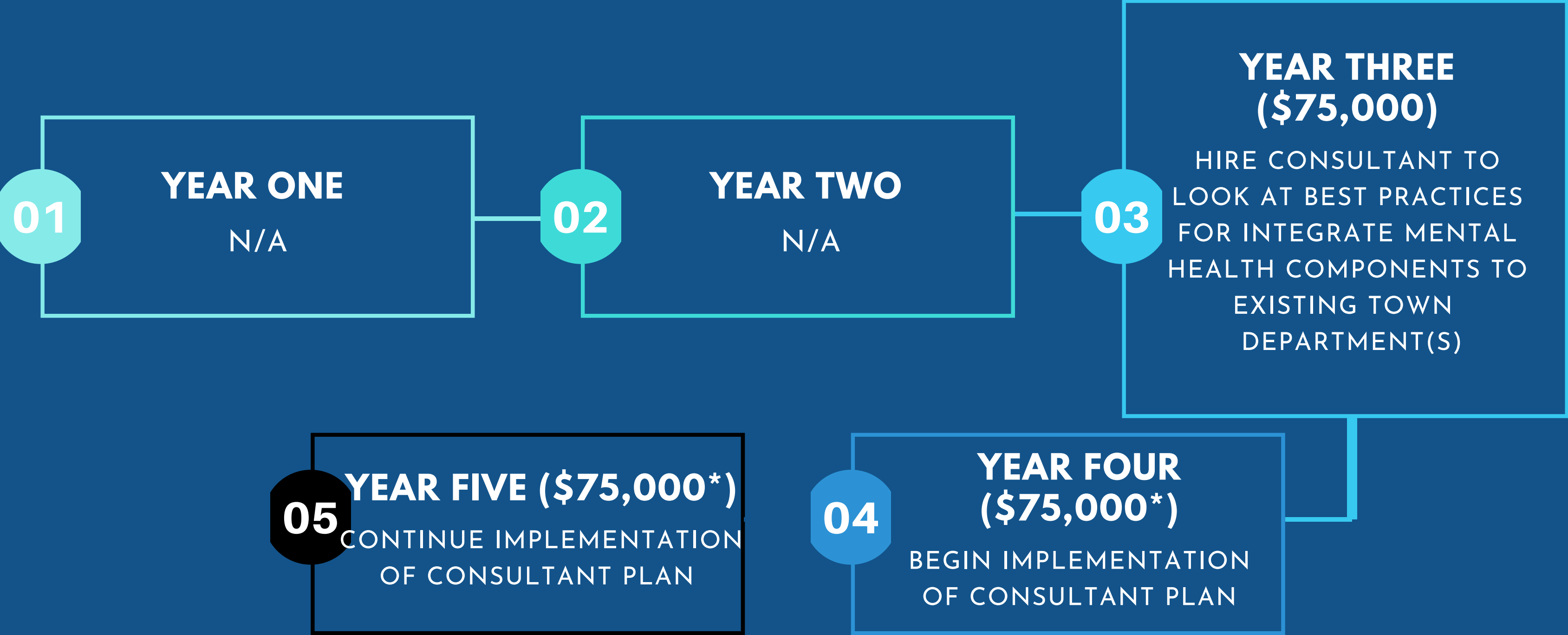
Maximum Per Year Cost: \$264,000



Five Year Plan by Program

MENTAL HEALTH WORK INTEGRATION PLAN

Maximum Per Year Cost: Approx. \$75,000

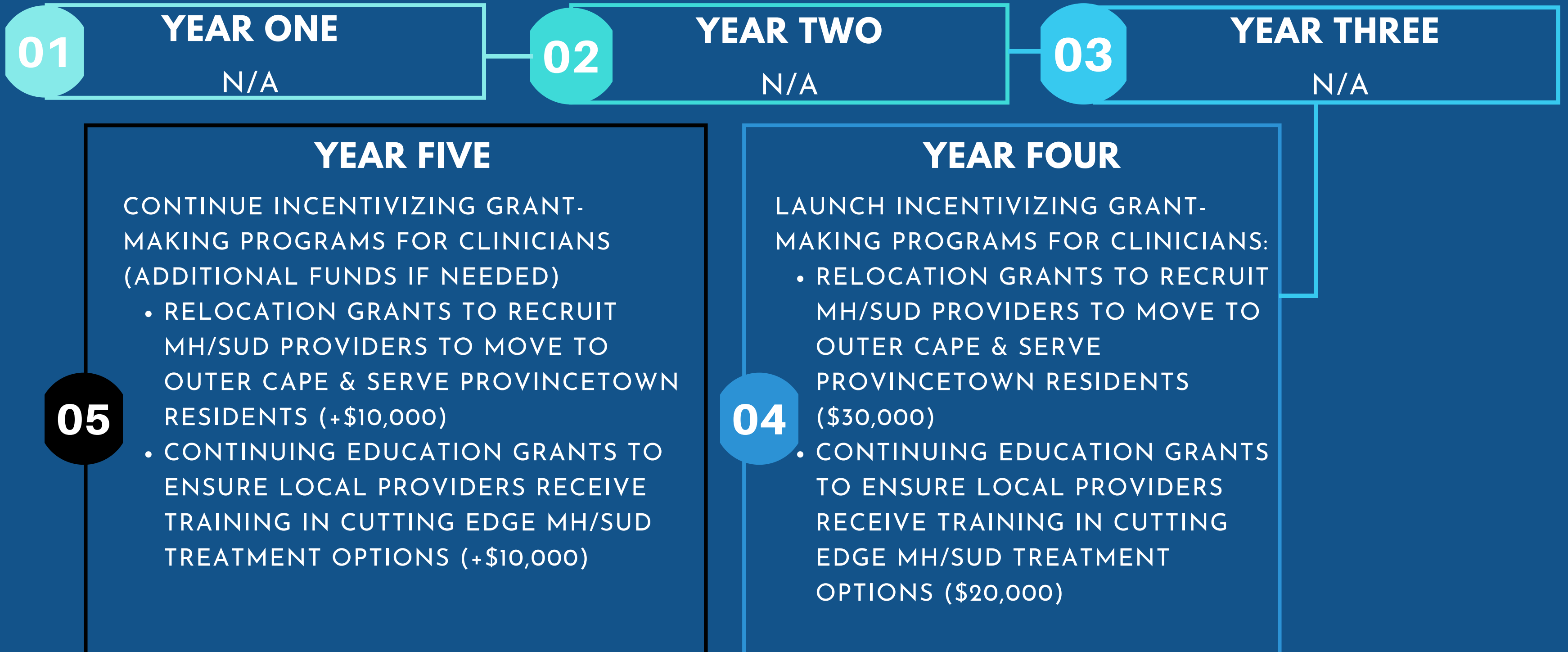


* = actual amounts will depend on content of consultant's plan

Five Year Plan by Program

GRANTS TO INCENTIVIZE CUTTING EDGE MH/SUD TRAINING

Maximum Per Year Cost: Up to \$70,000



Five Year Plan by Year

CUMULATIVE PROGRAMMING COSTS PER YEAR

YEAR 1: \$60,500	YEAR 2: \$335,500	YEAR 3: \$433,500	YEAR 4: \$506,500	YEAR 5: \$536,500
<ul style="list-style-type: none"> • Add 2 MH/SUD groups (\$20,000) • Funds to eliminate barriers (\$7,500) • Youth activity grants (\$20,000) • Website (\$13,000) 	<ul style="list-style-type: none"> • Add 1 MH/SUD group (\$30,000) • Additional barrier elimination funds if needed (\$10,500) • Additional youth activity grants (\$30,000) • Maintain website (\$1,000) • Hire 1 MH clinician (\$132,000) 	<ul style="list-style-type: none"> • Add 1 MH/SUD group (\$40,000) • Additional barrier elimination funds if needed (\$13,500) • Additional youth activity grants (\$40,000) • Maintain website (\$1,000) • Hire 2nd MH clinician (\$264,000) • Hire consultant to plan for MH/SUD integration to Town work (\$75,000) 	<ul style="list-style-type: none"> • Add 1 MH/SUD group (\$50,000) • Additional barrier elimination funds if needed (\$16,500) • Additional youth activity grants (\$50,000) • Maintain website (\$1,000) • Maintain 2 MH clinicians (\$264,000) • Implement consultant's plan (\$75,000) • Launch grant program to to improve local MH/SUD provider pool (\$50,000) 	<ul style="list-style-type: none"> • Maintain MH/SUD groups (\$50,000) • Maintain barrier elimination funds (\$16,500) • Additional youth activity grants (\$60,000) • Maintain website (\$1,000) • Maintain clinicians program (\$264,000) • Implement consultant's plan (\$75,000) • Continue grant program to to improve local MH/SUD provider pool (\$70,000)

FY22 Additional Budget Request

Year 1 Action Items

- Increase public health budget for MH/SUD groups (\$20,000)
- Provide funds to eliminate barriers (transportation, childcare, etc.) for residents seeking MH/SUD treatment (\$7,500) through Community Support Liaison Program
- Provide grants to local youth (25 and under) to attend classes, camps, or for transportation to classes and camps (Iceland model) (\$20,000)
- Build & maintain up-to-date website resource (\$13,000)

Total Cost: \$60,500