



January 2020

Provincetown Recreation Adult Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1. CLOSED: HAPPY NEW YEAR	2. Ballet Barre 5:15 PM Recovery Yoga 5:30 Indoor Soccer 5:45-8pm	3. Yoga w/Greg 8:30 AM Modern Dance 10:15 AM Stretch & Tone 4:30 PM	4. Yoga w/Greg 8:30 AM
	6. Yoga w/Greg 8:30 AM Stretch & Tone 5 PM Pickleball 5-8	7. Modern Dance 10:15 AM Ballet Barre 5:15 PM AI-Anon 5:30 PM VFW Meeting	8. Yoga w/Greg 8:00 AM AI-Anon 8:30am Clutterers Anon 11am Stretch & Tone 5pm American Legion 5:30-8 Pickleball 5-8	9. Ballet Barre 5:15 PM Recovery Yoga 5:30 Indoor Soccer 5:45-8pm	10. Yoga w/Greg 8:30 AM Modern Dance 10:15 AM Stretch & Tone 4:30 PM	11. Yoga w/Greg 8:30 AM
12.	13. Yoga w/Greg 8:30 AM Stretch & Tone 5 PM Pickleball 5-8	14. Modern Dance 10:15 AM AI-Anon 5:30 PM	15. Yoga w/Greg 8:00 AM AI-Anon 8:30am Clutterers Anon 11am Stretch & Tone 5 PM Pickleball 5-8	16. Recovery Yoga 5:30 Indoor Soccer 5:45-8pm	17. Yoga w/Greg 8:30 AM Modern Dance 10:15 AM Stretch & Tone 4:30 PM	18. Yoga w/Greg 8:30 AM
19.	20. CLOSED: MARTIN LUTHER KING JR. DAY	21. Modern Dance 10:15 AM Ballet Barre 5:15 PM AI-Anon 5:30 PM	22. Yoga w/Greg 8:00 AM AI-Anon 8:30am Clutterers Anon 11am Stretch & Tone 5 PM Pickleball 5-8	23. Ballet Barre 5:15 PM Recovery Yoga 5:30 Indoor Soccer 5:45-8pm	24. Yoga w/Greg 8:30 AM Modern Dance 10:15 AM Stretch & Tone 4:30 PM	25. Yoga w/Greg 8:30 AM
26.	27. Yoga w/Greg 8:30 AM Stretch & Tone 5 PM Pickleball 5-8	28. Modern Dance 10:15 AM Ballet Barre 5:15 PM AI-Anon 5:30 PM	29. Yoga w/Greg 8:00 AM AI-Anon 8:30am Clutterers Anon 11am Stretch & Tone 5 PM Pickleball 5-8	30. Ballet Barre 5:15 PM Recovery Yoga 5:30 Indoor Soccer 5:45-8pm	31. Yoga w/Greg 8:30 AM Modern Dance 10:15 AM Stretch & Tone 4:30 PM	

Located at the VMCC
2 Mayflower Street
508-487-7097
www.provincetown-ma.gov

- Room 88 Mirror Room
- Room 75 Small Room
- Room 73 Large Room
- VMCC Gymnasium

